



SAINT HELEN R.C. CHURCH FROM THE PASTOR...



LENT 2008

Dear Friends,

“DO NOT BE AFRAID.” This was a favorite theme of our beloved deceased Holy Father, Pope John Paul II. He himself lived out this message, so that even on his own death bed without fear or trepidation his own final words were: *“Let me go to my Father’s House.”*

God, the Father, has prepared an earthly place for us here at St. Helen’s which we should consider to be our Father’s House. Our Church, our parish, is a dwelling place for God and He invites each and every one of us with open arms to experience the power and security of His tender embrace, especially during moments of trial and worry and fatigue.

Many times we are troubled by the ups and downs of life. We become fearful of what life brings us or will bring us. But God wants us to experience true peace. He wants us to look to Him for guidance and help and direction. He wants us to feel secure in knowing that we are loved. He calls each of us by name and knows what is in the deepest recesses of our hearts.

The Church in her wisdom gives us every year the marvelous opportunity to renew our lives in a very special way through the great season of Lent. These are extraordinary days of grace when we are given the occasion to walk through the darkness of our existence into the wondrous light of new life made possible through the most magnificent and miraculous event of all time—the Resurrection of His Son, Jesus Christ.

This Lent here at St. Helen’s a special program has been prepared to help each and every one of us live without fear and in the sure knowledge that with Jesus Christ, the conqueror of sin and death, we too can triumph amidst the trials of our lives.

May your Lent be meaningful and purposeful. May you experience the grace of seeing beyond so that you can continue to live without fear and in hope.

Devotedly yours,

(Fr. John) Alexander H. ...